

Oregon City Fall Open

Short Course Meters A/B/C

**November 19th -20th, 2016**

***HELD UNDER THE SANCTION OF USA Swimming INC.***

**SANCTION #:**  **Pending (12 & Under), Pending (Open)**

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**MEET REFEREE: Debbie Laderoute** [**debbie.laderoute@gmail.com**](mailto:debbie.laderoute@gmail.com) **(503) 655-9073**

**MEET DIRECTOR: Tim Waud** [**timpwaud@gmail.com**](mailto:timpwaud@gmail.com) **(503) 341-3152**

**SPONSOR:** Oregon City Swim Team  
P.O. Box 724  
Oregon City, OR 97045

Website: www.ocst.net

**LOCATION:** Oregon City Municipal Pool

1211 Jackson Street  
Oregon City, OR 97045

Pool Phone: 503-657-8273

**ELIGIBILITY**: Swimmers must be currently registered with U.S.A. Swimming or registered in a foreign swimming federation, NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of November 19th, 2016. All swimmers must be supervised by a USA-Swimming certified coach at the meet. If they don’t have one, they must report to the meet referee prior to the start of warm-ups to be assigned to one.

**MEET LIMIT**: First swimmers whereby time-line maintains 4 hour limit.

**ENTRY DEADLINE**: Entries must be received by 5:00 P.M. Monday November 7th, 2016.

**ENTRY LIMIT:** Swimmers may enter a maximum of THREE (3) events per day and ONE (1) relay.

**ENTRY FEES:** $10.00 Surcharge ($3.00 Oregon Swimming, $7.00 facility fee)

$2.00 Individual Event Fee

$8.00 Relay Event Fee

Entry fees must accompany entries and be received prior to the start of the meet.

Make checks payable to: Oregon City Swim Team

**ENTRY ADDRESS:** Matthew Crum 3510 SE Aldercrest Rd. Milwaukie, OR 97222

Ocst.coach@gmail.com

Email entries preferred.

**ENTRIES:** 1) Submit SHORT COURSE METERS TIMES FOR SEEDING.

2) Ages and USA-S registration numbers must be included.

3) HY-TEK Meet Management Software will be used. Please submit entries via email. E-mail to: ocst.coach@gmail.com Please zip files, including a word team meet entry report and meet entry fee report. On your team entry report, please include the following: “I have read the meet information, and attest that all competitors entered hereon are members of United States Swimming, Inc.”. If you do not use HY-TEK, please contact the Meet Director.

4) Send payment to Entry Address.

With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**FACILITY:** Indoor, 25 meters, with 6 lanes 2.5m per lane. Starting blocks at the deep end of the pool only (12 ft.) Shallow end is 3’6”. Colorado Timing system, parking available, seating for 200 spectators and a community room away from the pool for another 150 people. Men’s and Women’s locker rooms. Open pool deck areas available for swimmers, coaches and officials only. Facility accessible for adaptive swimmers. The competition course has not been certified in accordance with 104.2.2C (4).

**RESTRICTIONS:** Tobacco products, alcoholic beverages and glass containers are not allowed in the facility. Shaving is not permitted in the facility**.** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.Photography is not allowed behind the blocks during starts and relay exchanges. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. **Only coaches, swimmers and working volunteers will be permitted on deck.**

**RULES:** Current US Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet.

**SAFETY CODE:** Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect.

**TIMES:** **Date Warm-Ups Timed Finals**

Session 1 12 & Under Saturday, November 19th 7:00 am 9:00 am

Session 2 OPEN Saturday, November 19th 1:00 pm\* 2:15 pm\*

Session 3 12 & Under Sunday, November 20th 7:00 am 9:00 am

Session 4 OPEN Sunday, November 20th 1:00 pm\* 2:15 pm\*

\*Estimated time. Warm-ups will be directly after conclusion of morning session and timed finals will start 75 minutes after the end of morning session.

**BULLPEN:** There will be a bullpen for 8 & Under and their events.

**AWARDS:** Individual: 1st – 8th place ribbons by 8 & under, 9 – 10, 11 – 12, 13 – 14, and 15 & Over for boys and girls. Open events scored as 13 – 14, and 15 & Over

Relays: 1st – 6th place ribbons.

All awards must be picked up at the conclusion of the competition. They will not be mailed.

**MEETINGS:** Officials' meeting will be held 45 minutes prior to the start of each session. Coaches' meeting may be held 15 minutes prior to the start of each session if necessary.

**OFFICIALS:** We always appreciate the help of Certified Officials from other clubs. If you will be attending this meet, please notify Debbie Laderoute at [debbie.laderoute@gmail.com](mailto:debbie.laderoute@gmail.com), so that your name can be added to the schedule. An Officials' Hospitality Room will be provided.

**TIMERS:** Timing assignments will be listed by session in the heat sheet and will be based on the number of swimmers attending each session. Competitors in end of meet distance events are required to supply a timer and a lap counter for their swim.

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**Saturday-November 19, 2016**

**12 & Under Warm-Ups 7:00 AM Timed Finals 9:00 AM**

**Girls Boys**

**Event # Event Name Event #**

1 8 & Under 100 Freestyle relay 2

3 10 & Under 200 Freestyle relay 4

5 12 & Under 200 Freestyle relay 6

7 10 & Under 200 Freestyle 8

9 11-12 200 Freestyle 10

11 10 & Under 100 IM 12

13 11-12 100 IM 14

15 10 & Under 50 Backstroke 16

17 11-12 50 Backstroke 18

19 8 & Under 25 Freestyle 20

21 10 & Under 100 Freestyle 22

23 11-12 100 Freestyle 24

25 10 & Under 50 Butterfly 26

27 11-12 50 Butterfly 28

29 8 & Under 25 Breaststroke 30

31 10 & Under 100 Breaststroke 32

33 11-12 100 Breaststroke 34

**Saturday-November 19, 2016**

**Starting 75 minutes after the end of the morning session**

**Girls Boys**

**Event # Event Name Event #**

35 Open 200 Freestyle Relay 36

37 Open 100 Freestyle 38

39 Open 50 Butterfly 40

41 Open 200 Breaststroke 42

43 Open 50 Backstroke 44

45 Open 100 Butterfly 46

47 Open 200 Freestyle 48

49 Open 100 Backstroke 50

51 Open 400 Individual Medley 52

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**Sunday-November 20, 2016**

**12 & Under Warm-Ups 7:00 AM Timed Finals 9:00 AM**

**Girls Boys**

**Event # Event Name Event #**

53 8 & Under 100 Medley relay 54

55 10 & Under 200 Medley relay 56

57 12 & Under 200 Medley relay 58

59 10 & Under 200 IM 60

61 11-12 200 IM 62

63 8 & Under 25 Backstroke 64

65 10 & Under 100 Backstroke 66

67 11-12 100 Backstroke 68

69 10 & Under 50 Freestyle 70

71 11-12 50 Freestyle 72

73 8 & Under 25 Butterfly 74

75 10 & Under 100 Butterfly 76

77 11-12 100 Butterfly 78

79 10 & Under 50 Breaststroke 80

81 11-12 50 Breaststroke 82

83 11-12 400 Freestyle 84

**Sunday-November 20, 2016**

**Starting 75 minutes after the end of the morning session**

**Girls Boys**

**Event # Event Name Event #**

85 Open 200 Medley Relay 86

87 Open 200 IM 88

89 Open 50 Breaststroke 90

91 Open 200 Butterfly 92

93 Open 50 Freestyle 94

95 Open 100 Breaststroke 96

97 Open 200 Backstroke 98

99 Open 400 Freestyle 100