



MT. HOOD AQUATICS
HOWARD JONES MEMORIAL C MEET INVITATIONAL
JUNE 11 - 12, 2016

- Sanction No:** **Meet Sanction #: Pending.**
Held under the sanction of USA Swimming, Inc. In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming, and Mt. Hood Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
- Sponsor:** Mt. Hood Aquatics
PO Box 129
Gresham, Oregon 97030
Website: www.mthoodaquatics.org
- Location:** Mt. Hood Community College Aquatic Center
26000 S.E. Stark Street
Gresham, Oregon 97030
Pool Phone: 503-491-7243
- Directions:** Take I-84 to the Troutdale Exit (Eastbound) or Exit 17 (Westbound). Continue past fast food restaurants, turn right at light on 257th. Continue up hill, approximately 2.6 miles, turn left onto 17th Street. Take first left into parking lot. The pool is on the left behind the soccer field.
- Facility:** Indoor 25 yards x 42 feet, 6 lanes with non-turbulence lane lines. The pool is 3.5 feet in the shallow end and 13.0 feet depth at the deep end. Colorado electronic timing system. Facilities are accessible for swimmers with disabilities and they are encouraged to participate. The competition course has not been certified in accordance with 104.2.2C(4).
Open pool deck areas available for swimmers, coaches, and officials only.
- Meet Referee:** Joanne Wisniewski
jwisn2466@gmail.com
- | | | | |
|----------------------|--|--------------------------|--|
| Meet Director | Jody Rash | Co-Meet Directors | |
| Chair | coachjodymha@gmail.com | Christine Logue | christine@brittlekittle.com |
| | | Danita Ross | danitas4boys@gmail.com |
| Entry | Julie Greenaway | Kathleen Saludaes | ksaludaes@gmail.com |
| Chair | mhaentries@gmail.com | Sarah Smith | sarahmorgansmith@gmail.com |
- Eligibility:** This meet is open to all swimmers who are currently registered with USA Swimming or registered with a USA Swimming recognized foreign federation. **No on deck registration will be permitted.**
Swimmers must NOT be entered in the Howard Jones Memorial Long Course Meets.
All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the Clerk of Course or Meet Director prior to warm-ups to be assigned one.



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- Entries** Entries may be submitted beginning Wednesday, May 11, 2016 at Noon, Pacific Time.
Entries may be submitted via email to: mhaentries@gmail.com
Entries will be accepted in the order received until the meet is filled, based on the projected timeline.
PAYMENT MUST ACCOMPANY ENTRIES. Make checks payable to: Mt. Hood Aquatics.
- Entry Deadline** **Wednesday, May 25, 2016 at 5:00 pm, Pacific Time.**
Late entries will not be accepted.
Please note that this meet tends to fill before the entry deadline.
- Meet Limit:** **Entries will be accepted in the order received until the meet is filled, based on the projected timeline.**
- Entry Limit:** Swimmers may enter a maximum of three (3) individual events per day.
- Entry Fees:** \$15.00 Swimming Surcharge perswimmer.
\$3.00 Individual Event Fee
- To Submit Entries:** **Entries for this meet will only be accepted in the formats listed, in detail, below. Entries submitted in any other manner (telephone contact, personal delivery to the facility, etc) will NOT be accepted.**
- Teams with Hy-Tek capability are strongly encouraged to submit a Commlink entry File (cfile01.cl2) or by zipped e-mail file.**
Entries that require manual entry by MHA must be clearly legible. MHA will make every effort to correctly enter manual times, but is not responsible for data entry errors due to illegible entries. Hy-Tek Meet Manager Software will be used for the meet. Swimmer's age as of 6/11/16 and USA Swimming registration numbers must be included.
- The followings must be received by the Meet Entry Chair on or before the Entry Deadline:**
- a.) For Hy-Tek Entries:
1. Hardcopy of the Hy-Tek TM "Meet Entries Report."
 2. Hardcopy of the Hy-Tek TM "Meet Entry Fee Report."
 3. Full Payment (indicate which team if writing a personal check).
 4. Master Entry Fee Summary (signed).
- b.) If using the Meet Entries form (not using Hy-Tek), a hardcopy of the meet entry form legibly filled out and full payment (indicate which team if writing a personal check). Include the Master Entry Fee Summary (signed).
- c.) Please send Howard Jones Memorial Long Course Meets entries separately.**
- d.) Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry times should be Short Course Yards (SCY) only.



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Entry Deadlines: Full payment with all required items listed in the above Entries Section must be received at Entry Address as follows:
a.) **E-mail Entries:** Email with attached Hy-Tek Commlink Entry File (cfile01.cl2) and Meet Entry Report in Word or PDF format on or before **Wednesday, May 25, 2016 at 5:00 pm, Pacific Time**. Full payment and hardcopies of Hy-Tek information *previously submitted via email prior to the meet entry deadline* must be received by Friday, May 27th, 2016.
b.) **Mail/Courier Entries:** Full payment with all required items listed in the above Entries Section must be received on or before **Tuesday, May 24, 2016**.

Please mark any courier delivered packages: "NO SIGNATURE REQUIRED".

Meet Entry Address & Payment
MHA Meet Entries
c/o Julie Greenaway
1409 SE 207th Ave
Gresham, OR 97030

Rules: Current USA Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet.

Restrictions **ONLY COACHES, OFFICIALS, SWIMMERS, & MEET VOLUNTEERS ARE PERMITTED ON DECK.**
The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, rest rooms, locker rooms, or behind the blocks.
Changing in or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Shaving is not permitted anywhere in the facility.
Tobacco products of any kind, alcoholic beverages, and glass containers are not allowed in the swimming venue.
No skateboards allowed on the MHCC campus.
Only Service Animals permitted on the MHCC Campus.
NO overnight camping allowed on the MHCC Campus.

Safety: Current Oregon Swimming safety guidelines and warm-up procedures will be strictly enforced.

Timers: Each team will be given lane timing assignments. Please encourage timers to report to the head timing area prior to the start of the meet.

Awards: Awards will be given to the top 12 finishers in each event.

Meet Schedule:	Saturday	Warm-ups:	MHA 1:00 PM / General Warm-Ups 1:30PM
		Timed Finals:	2 :30 PM
	Sunday	Warm-ups:	MHA 7:30 AM / General Warm-Ups 8:00 AM
		Timed Finals:	9:00 AM



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SATURDAY - JUNE 11, 2016

MHA Warm Ups 1:00 PM / General Warm Ups 1:30 PM / Timed Finals 2:30 PM.

Girls Event #	Event Name	Boys Event #
1	Open 100 Freestyle	2
3	8 & Under 25 Freestyle	4
5	10 & Under 50 Freestyle	6
7	11-12 50 Freestyle	8
9	8 & Under 25 Backstroke	10
11	10 & Under 50 Backstroke	12
13	11-12 50 Backstroke	14
15	Open 100 Backstroke	16
17	10 & Under 100 IM	18
19	11-12 100 IM	20
21	Open 200 IM	22

SUNDAY - JUNE 12, 2016

MHA Warm Ups 7:30 AM / General Warm Ups 8:00 AM / Timed Finals 9:00 AM

Girls Event #	Event Name	Boys Event #
23	Open 100 Breaststroke	24
25	8 & Under 25 Breaststroke	26
27	10 & Under 50 Breaststroke	28
29	11-12 50 Breaststroke	30
31	8 & Under 25 Butterfly	32
33	10 & Under 50 Butterfly	34
35	11-12 50 Butterfly	36
37	Open 100 Butterfly	38
39	10 & Under 100 Freestyle	40
41	11-12 100 Freestyle	42
43	Open 200 Freestyle	44



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MEET ENTRY FORM

Submit Entries & Payment To: MHA Meet Entries
c/o Julie Greenaway
1409 SE 207th Ave
Gresham, OR 97030
mhaentries@gmail.com

TEAM NAME _____

TEAM ADDRESS _____

COACH NAME _____

HY-TEK ENTRY FILE: YES () NO ()
HY-TEK INDIVIDUAL MEET ENTRIES REPORT: YES () NO ()

If **NO** is checked, please fill in the following individual meet entries - all handwritten entries must be legible or are subject to not being entered into the meet.

INDIVIDUAL MEET ENTRIES (copy this page if more spaces are required):

USS ID	NAME	AGE As of 6/11/16	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME	EV#/ TIME
_____	_____	_____	____/____	____/____	____/____	____/____	____/____	____/____
_____	_____	_____	____/____	____/____	____/____	____/____	____/____	____/____
_____	_____	_____	____/____	____/____	____/____	____/____	____/____	____/____
_____	_____	_____	____/____	____/____	____/____	____/____	____/____	____/____



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1409 SE 207th Ave
Gresham, OR 97030
mhaentries@gmail.com

ENTRY FEE SUMMARY:

Total Cost of Individual Events (\$3.00 x # of Entries): \$ _____
Total Swimmers (\$15.00 x # of Swimmers): \$ _____
Team Total: \$ _____

Please mark any courier delivered packages: "NO SIGNATURE REQUIRED"
TOTAL ENTRY FEES MUST ACCOMPANY THIS FORM
Make checks payable to: Mt. Hood Aquatics

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THE FOLLOWING STATEMENT MUST BE SIGNED BY COACH OR TEAM REPRESENTATIVE:

I have read the meet information and attest that all swimmers entered from my team are members of United States Swimming, Inc.

(Signature of Coach or Meet Representative) _____

Team Name _____

Team Code _____

Coach(es) Attending Meet _____

Contact Person Phone # _____

Contact Person E-Mail _____



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JUNE 11 - 12, 2016

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